

Immerse yourself in the depths of your



Through the ages, the Hammam has stood at the heart of Eastern culture — a timeless ritual of purification for body, mind, and soul.

More than a bath, it is a sanctuary of warmth and transformation, where enveloping heat and water restores balance and renewal. Steam drifts deep within, cleansing the body and guiding the mind toward serene stillness.

Like a graceful descent into the ocean's depths, the Hammam invites you on an inner voyage — where time lingers unhurried, the weight of the world dissolves into calm, and the unknown unfolds as quiet wisdom.

# 1.CLASSIC CIRCUIT

1 hr. y 30 min.

#### **INCLUDES**

## 1. Sogukluk

First steam room at 37°C

#### 2. Kese

Initial body scrub with the kese (exfoliating glove)

#### 3. Sicaklik

Heated pool to stabilize blood circulation, rest, and relax

## 4. Bingül

Second steam room at 55°C (131°F) with aromatic herbs

#### 5. Lif

Body exfoliation with olive soap, rich in vitamin E, to deeply moisturize your skin

#### 6. Gobek Tasi

Hot stone to lay on, relax the body, and stimulate the immune system

#### CAMEKAN

A relaxation area where you can enjoy pleasant conversation, refreshing tea, fruit juice, and snacks.



| 2. TRADITIONAL CIRCUIT + ICE BATH  | 2 hr. y 30 min.                          |
|--|--|
| <ul><li>INCLUDES</li><li>1. Hamam Classic Circuit</li><li>2. Ice bath</li><li>Camekan, relaxation area</li></ul>   | 60 min.<br>05 min.<br>30 min.            |
| 3. RHASSOUL 2 hr. INCLUDES   |  |
| <ul> <li>1. Hamam Classic Circuit</li> <li>2. Full-body Rhassoul <ul> <li>(a body mask made of volcanic clay)</li> <li>Camekan, relaxation area</li> </ul> </li> </ul>                                     | 60 min.<br>20 min.<br>30 min.            |
| <ul> <li>4. CLEOPATRA 3 hr.</li> <li>INCLUDES</li> <li>1. Hamam Classic Circuit</li> <li>2. Relaxing foam massage</li> <li>3. Oil massage with a facial mask</li> </ul>                                    | 60 min.<br>20 min.                       |
| <ul> <li>On massage with a racial mask</li> <li>Camekan, relaxation area</li> <li>5. ELIF</li> <li>3 hr.</li> </ul>  | 50 min.<br>30 min.                       |
| <ol> <li>INCLUDES</li> <li>Hamam Classic Circuit</li> <li>Full-body Rhassoul</li> <li>Relaxing foam massage         <ul> <li>(includes hair wash)</li> <li>Camekan, relaxation area</li> </ul> </li> </ol> | 60 min.<br>20 min.<br>50 min.<br>30 min. |
| 6. SULTÁN 3 hr. INCLUDES   |  |
| <ol> <li>Hamam Classic Circuit</li> <li>Sultan Bath         (milk and rose petals)</li> </ol>  | 60 min.<br>15 min.                       |
| <ul><li>3. Four-hands oil massage</li><li>Camekan, relaxation area</li></ul>   | 50 min.<br>30 min.                       |

# THE MAGIC OF GRAPES

The freshness of wine from Argentina's finest region in a treatment to renew the body

## 7. DIVINO 2 hr. y 30 min.

## **INCLUDES**

| 1. Body scrub with grape seeds               | 20 min. |
|--|---------|
| 2. Malbec bath                               | 15 min. |
| 3. Oil massage                               | 50 min. |
| <ul> <li>Camekan, relaxation area</li> </ul> | 30 min. |

# 8. BACCHUS 3 hrs. y 30 min. INCLUDES

| 1. Body scrub with grape seeds            | 20 min. |
|---|---------|
| 2. Malbec bath                            | 15 min. |
| 3. Moisturizing body and facial treatment | 50 min. |
| 4. Oil massage                            | 30 min. |
|   |         |

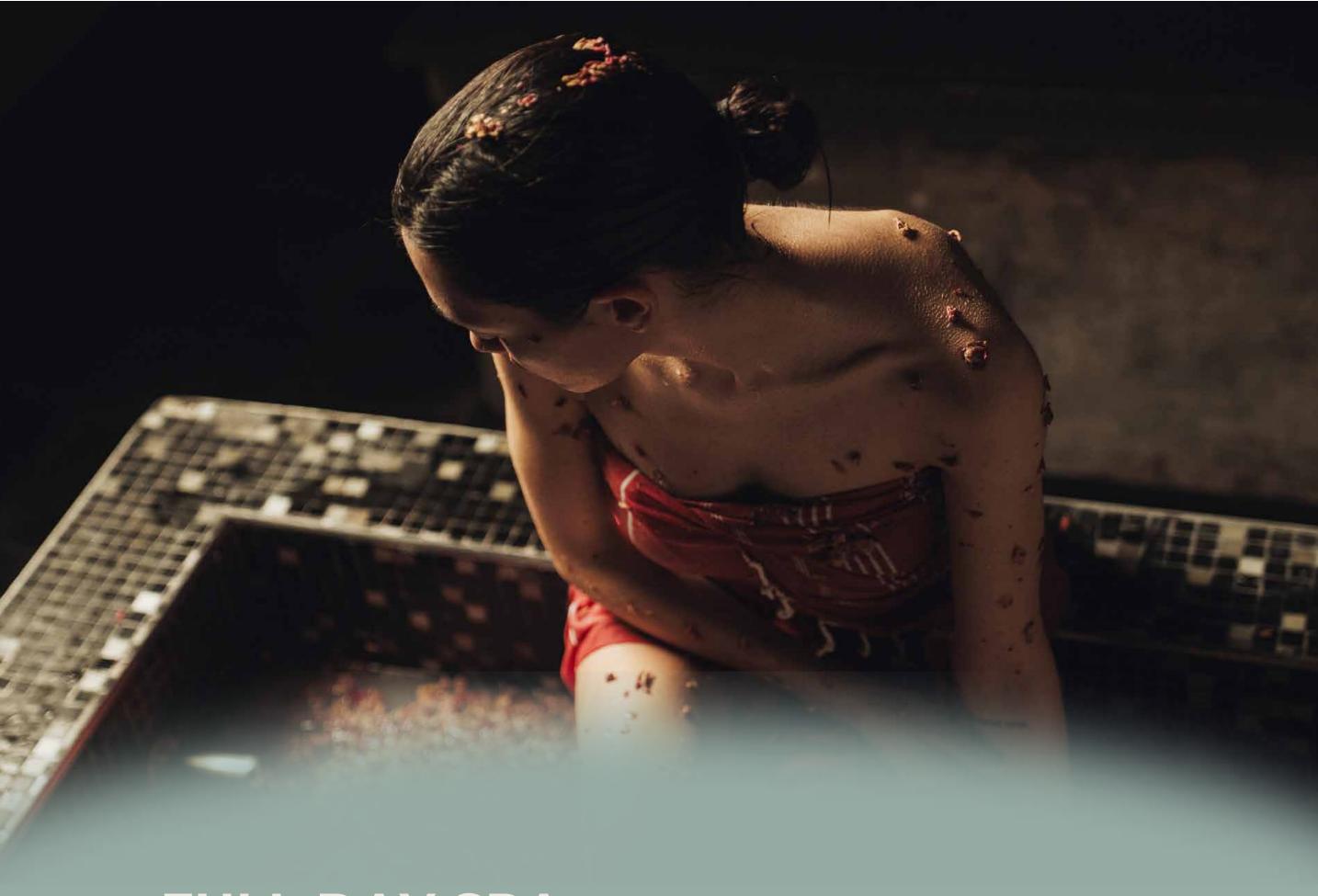
Camekan, relaxation area

# 9. ENTRE UVAS 3 hrs.

## INCLUDES

| 1. Steam Circuit, Pool, and    | 30 min. |
|--------------------------------|---------|
| Hot Stone Therapy              |         |
| 2. Body scrub with grape seeds | 20 min. |
| 3. Malbec bath                 | 15 min. |
| 4. Oil massage                 | 50 min. |
| · Camekan, relaxation area     | 30 min. |





# FULL DAY SPA 10. CIBELES SENSE DAY 6 hrs. y 30 min.

# INCLUDES

| 1. Hamam Classic Circuit        | 60 min.  |
|---------------------------------|----------|
| 2. Refreshing soap foam massage | 20 min.  |
| 3. Massage with oils            | 50 min.  |
| 4. Three-course lunch           | 120 min. |
| 5. Antioxidant wine facial      | 50 min.  |
| 6. Election: hands and feet     | 45 min.  |
| beauty or masage                |          |
| • Camekan                       | 30 min   |

## 11. GEA TRADITIONAL DAY 6 hrs. y 30 min.

## **INCLUDES**

| 1.Hamam Classic Circuit | 60 min.  |
|-------------------------|----------|
| 2. Full-body Rhassoul   | 20 min.  |
| 3. Relaxing bath        | 15 min.  |
| 4. Three-course lunch   | 120 min. |
| 5. Massage with oils    | 90 min.  |
| 6. Touch of beauty      | 30 min.  |
| 7. Camekan              | 30 min.  |

## 12. MALIKA

6 hrs.

## **INCLUDES**

| 1. 1 | Hamam Classic Circuit        | 60 min.  |
|------|------------------------------|----------|
| 2.   | Full-body Rhassoul           | 20 min.  |
| 3.   | Refreshing soap foam massage | 20 min.  |
| 4.   | Camekan, relaxation area     | 30 min.  |
| 5.   | Four-hand oil massage        | 30 min.  |
| 6.   | Facial beauty touch or       | 20 min.  |
|      | foot massage                 |          |
| 7.   | Malbec bath                  | 15 min.  |
| 8.   | Three-course lunchs          | 120 min. |

## 13. ENTRE CIELOS GREEN 6 hrs.

## **INCLUDES**

| 1.Choice of: Yoga class or | 60 min.  |
|----------------------------|----------|
| sound water therapy        |          |
| 2. Healthy snack           | 30 min.  |
| 3. Hamam Classic Circuit   | 60 min.  |
| 4. Foam oil massage        | 35 min.  |
| 5. Essential oil massage   | 30 min.  |
| 6. Three-course lunch      | 120 min. |

# MASSAGES & BEAUTY

## 14. OIL MASSAGE

Classic relaxation techniques, using finger pressure to release tension from the body

Duration: 30 - 50 - 90 min.

## 17. PINDA MASSAGE

Relieves muscle tension, improves circulation, and balances body and mind

Duration: 50 min

## 18. HOT STONE MASSAGE

A stone massage using smooth, hot, and heated volcanic stones placed at key points of the body. This technique deeply relaxes the muscles, helping alleviate stress and tension

Duration: 50 min.

## 19. FOUR-HAND MASSAGE

Two therapists work together, synchronizing different techniques to achieve deep relaxation

Duration: 50 min.

## 20. LYMPHATIC DRAINAGE

A gentle, delicate massage that stimulates the immune system by eliminating toxins.
This treatment helps counter cellulite by reducing water retention

Duration: 60 or 90 min.

## 22. REFLEXOLOGY

Reflexology is an alternative medicine technique involving applied pressure to the feet and hands using specific thumb, finger, and hand techniques. This is done without the use of oil or lotion

Duration: 30 or 60 min.

## 24. ORIENTAL TATAMI MASSAGE

Thai-style therapy with stretching and active pressure

Duration: 60 min.

## 25. WATER RELAX

Duration: 50 min.

#### 26. TOUCH OF BEAUTY Duration: 30 min

## **INCLUDES**

- 1. Facial cleansing
- 2. Exfoliation
- 3. A nourishing treatment

#### 27. VITAMIN C NOURISHING FACIAL

Revitalizing treatment that provides radiance, deeply hydrates, and evens out skin tone

Duration: 50 min.

## 28. FACIAL VINOTHERAPY

#### **INCLUDES**

- 1. Facial cleansing
- 2. Facial exfoliation
- 3. Tonic lotion application
- 4. Antioxidant wine face mask
- 5. Nourishing with essential oils

Duration: 50 min.

# 29. ALOE VERA HYDRATING FACIAL INCLUDES

- 1. Double cleansing
- 2. Toner
- 3. Ultra-hydrating Aloe Vera mask
- 4. Facial drainage
- 5. Serum

Duration: 50 min.

## 30. IMMERSION BATH

Duration: 15 min.

#### **21. YOGA**

Book 24 hours in advance

Duration: 50 min.

## **OTHER ELEMENTS**

Our team will provide the Hamam set, flip-flops, and a robe. You will find shampoo, conditioner, moisturizing cream, and a hairdryer in our changing rooms.

\*If you have any questions, please do not hesitate to ask our team.

# **GENERAL INFORMATION**

To fully embrace the ultimate relaxation of both body and soul, we invite you to set aside ample time to savor the experience of the Hamam. Our dedicated Experience Concierge is here to assist you in arranging your appointment with ease.

Please be aware that a visit to the Entre Cielos Spa Hamam begins with a brief introduction and a health questionnaire to ensure your well-being. We kindly request our guests to arrive punctually, as this enhances the experience for everyone.

We also encourage you to take a moment to familiarize yourself with our reservation and cancellation policies for a seamless visit.

ENTRE CIELOS reserves the right to cancel any confirmed reservation if a client arrives late for their appointment.









261 3611438



Hamam@entrecielos.com



www. entrecielos.com